



Coach Education Programme 2008



Introductions and Contents

Welcome to Cricket Scotland's Coach Education Programme for 2008. This programme contains details of all the UKCC Coach Education courses that will be held in Scotland during 2008. Given the introduction of the new UKCC syllabus we have also included a brief description of the different courses available. This should help potential candidates identify the course which best suits their needs.

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Cricket Scotland has identified coach education and development as a high level priority over the period of our next strategic plan. As a result we are investing heavily in our workforce to ensure the best quality courses are delivered. Thanks to support from sportscotland we are also able to subsidise all UKCC courses to ensure affordability for most candidates. The cost of our courses is up to £100 cheaper than the equivalent course in England and underlines Scottish sports commitment to coaching as a priority.



Andy Tennant- Head of Cricket

Hello and welcome to our Coach Education Programme for 2008. I am delighted to announce that I will be carrying out the new role of Coach Education Co-ordinator and will be able to dedicate a minimum of one day every week to the organisation and development of our ever growing portfolio of courses. As a long standing tutor and active coach I am extremely passionate about coaching and coach education in particular and look forward to helping drive this crucial area of Cricket Scotland's operations forward. Part of my new role will be to help re-energise the Coaches Association and further mention of this will be made later in this programme. Enjoy the read !

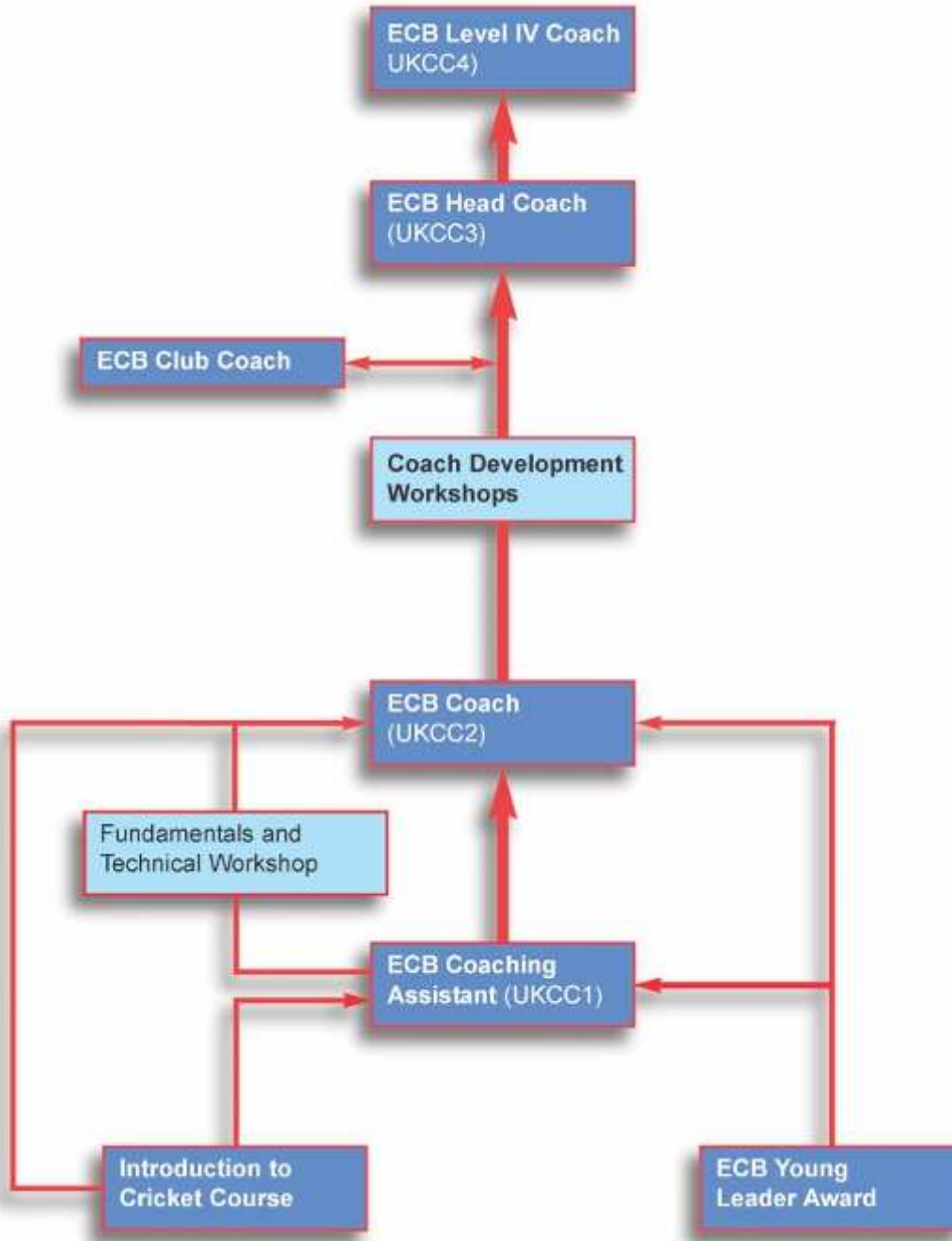


Adam Park-Elliott – Coach Education Co-ordinator

UKCC – The new pathway

As before, Cricket Scotland will continue to deliver the ECB Coach Education syllabus which is generally regarded as the world's leading coach education system. We are delighted to continue our excellent working relationship with the England & Wales Cricket Board and are grateful for their on-going support.

ECB Coaching Pathway



ECB Coaching Assistant (UKCC Level 1)

The course is aimed at beginner coaches who will be able to 'assist more qualified coaches, delivering aspects of coaching sessions, normally under direct supervision'.

This role may include running warm ups, cool downs, small sided games and small group work. The course is essentially designed for parents and volunteers starting on the coaching pathway.

The course will help coaches prepare for, deliver and review cricket coaching sessions. It will enable them to:

- introduce and develop the game of cricket to people of all ages in a safe and enjoyable way
- develop and improve players (as people as well as cricketers)
- develop coaching skills, knowledge and qualities
- demonstrate competence against UKCC/National standards for coaches

The programme consists of four three-hour modules and a final assessment.

ECB Coach Award (UKCC Level 2)

The role of the ECB Coach Award (UKCC 2) holder is to be able to:-

"Prepare for, deliver and review coaching sessions"

This course will help you to be able to:

- Introduce and develop the game of cricket to people of all ages in a fun and enjoyable way
- Develop FUNdaMENTAL movement skills
- Develop and improve players (as people as well as cricketers) particularly at FUNdaMENTAL and L2T stages of the LTAD model
- Develop your coaching skills, knowledge and qualities
- Demonstrate competence against UKCC2/National Standard for coaches

Summary of Coach Award Requirements

To fulfil the course requirements, you have to:

- Attend the Good Practice and Child Protection Course (or equivalent)
- Attend the Cricket Coach First Aid Appointed Persons course (or equivalent)
- Complete the assignments set following Modules 1/2, 3/4, 5/6 and 7/8

- Complete the home study packs and associated assessments prior to Module 4 and prior to Module 5
- Complete successfully the support practice module (minimum of 10 sessions of at least 30 minutes each, rising to one hour)
- Submit your record of coaching and assignments prior to your assessment day
- Attend an assessment day where you will be asked to coach a group of players and have a follow up viva on this and your record of coaching and assignments with an ECB assessor
- Demonstrate all the competences required for an ECB Coach Award (UKCC2)

Conversion Course (ECB Level I to UKCC2)

Available from: January 2008

The ECB Conversion Course is designed for coaches wanting to update their existing ECB Level I qualification to the ECB Coach (UKCC2) qualification.

By attending the Conversion Course, coaches will have an opportunity to receive the latest developments relevant to their coaching.

A major focus of the updated ECB courses is the importance of balancing the technical aspects ('what to coach') with the way in which coaches are able to deliver a message ('how to coach') with the ultimate aim of ensuring that players learn.

Long Term Athlete Development (LTAD) aims to help coaches, parents and teachers provide players with the appropriate training and practice, competition and recovery over the course of their career.

Also 'Teaching Games for Understanding' provides coaches with an alternative approach to the more traditional model of warm ups, skill and games by helping to develop players' tactical awareness and decision-making through modified games.

Achieving certification will enable coaches to align their knowledge and practice. This will also allow them to get on the ECB (UKCC) Coaching Pathway and will benefit players by ensuring that coaching is consistent and as up to date as possible. The course is designed for coaches who are actively coaching and want to update their existing qualification.

The pre-requisites for coaches wishing to attend the Conversion Course are:

- Minimum ECB Level 1 or Coaching Award qualification

- To be actively coaching within a club or school environment. For assessment purposes coaches will need access to players for 6 x 30 minutes session during and post course.
- Current ECB CRB/ Disclosure Scotland
- Attended within the last 3 years a GPCP/ Safeguarding and Protecting Children course
- Current First Aid Qualification

Course Structure

- 4 x 3 hr modules
- Assessment day which follows the same format as the UKCC2 qualification (maximum 6 hours)

Frequently Asked Questions:

What are the benefits for me as an ECB Level I coach updating to the UKCC2 qualification?

By attending the Conversion Course, you will have an opportunity to receive the latest developments relevant to your coaching. A major focus of the updated ECB courses is the importance of balancing the technical aspects ('what to coach') with the way in which coaches are able to deliver that message ('how to coach') with the ultimate aim of ensuring that players learn.

There has also been a shift in focus on courses from treating coaches as players to treating coaches as coaches. As a result coaches on the new courses have many opportunities to practice their coaching. The greater emphasis on coaching has enabled coaches to get constructive feedback from their peers and trained tutors.

Long Term Athlete Development (LTAD) aims to help coaches, parents and teachers provide players with the appropriate training and practice, competition and recovery over the course of their career. Also 'Teaching Games for Understanding' provides coaches with an alternative approach to the more traditional model of warm up, skill and games by helping to develop players' tactical awareness and decision making through modified games.

By creating a recognised standard for coach education the UKCC will make it easier to identify a quality coach in any sport and at any level.

The development of the UKCC qualification has provided a catalyst for a review and radical overhaul of key elements of cricket's national coaching award scheme.

Having attended the ECB Level 1 course coaches would have benefited from a comprehensive technical manual. This has been adapted and modified to form parts of an interactive workbook which includes technical information, advice on controlling and organising groups and guidance on the coaching process.

In addition, the candidates on the UKCC2 course now receive a DVD which has been designed to assist coaches in developing their coaching skills by providing information on cricket techniques, group coaching and LTAD.

Finally, the ECB coaching cards which remain a valuable resource have been updated in order to include new information on games and warm ups as well as technical updates.

Why do I have to be assessed on a group coaching session again?

The competences that you will be assessed against are based on the UKCC 2 competences and some will vary from the ECB Level I criteria that you were originally assessed against. There is an emphasis upon other areas that you will have a chance to practice on the course itself.

As an ECB Level 1 coach, who can act as a support coach for me on my supported practice?

ECB Level II coaches or above and UKCC2 coaches

Club Coach Award **NEW******

Available from: January 2008

The ECB Club Coach qualification is designed for coaches working in club and school environments who have access and responsibility for the development of players in addition to improving and driving forward their coaching skills.

The pre-requisites for coaches wishing to attend a Club Coach Assessment Day are:

- Attendance at all 6 ECB Coach Development Workshops ('CDWs')*
- ECB Level II coaches wishing to do the Club Coach qualification do not have to attend all the CDWs but may decide to attend specific workshops as a way of preparing for the Club Coach assessment. (Note: The assessment is focused on the skills and knowledge within the 6 CDWs).

- An ECB Coach (UKCC2) qualification or an ECB Level II qualification
- ECB Coaches Association Membership (the benefits of membership are numerous and include insurance cover as well as being able to access top quality coaching resources that supplement information delivered through the Coach Development Workshops. Please refer to www.ecbca.co.uk for more details of membership benefits.)
- An ECB CRB/ Disclosure Scotland
- A current GPCP / Safeguarding & Protecting Children certificate
- A current and recognised First Aid qualification

Qualification Details:

The assessment will be based upon information delivered in the Coach Development Workshops and a Club Coach Information Booklet containing additional information specific to the Club Coach role which will be sent to coaches before their assessment day.

Coaches will be assessed on their ability to observe and analyse players through video analysis. They will also be assessed on how well they are able to work with a small group of players on tactical development in a net situation.

During this net session, they will be assessed on their ability to apply information shared through the workshops. This includes communication skills and the ability to observe and analyse player performance in practice scenarios.

Frequently Asked Questions:

I have attended the six Coach Development Workshops. Do I have to attend the Club Coach Assessment?

The workshops can be used as a means of updating or refreshing your knowledge and some coaches will use them solely for this purpose without feeling the need to pursue the Club Coach route. Attendance at the ECB Club Coach qualification is entirely optional once you have completed the Workshops.

I have an old ECB Level 1 qualification. Can I attend the CDWs and apply to be assessed for ECB Club Coach?

You are entitled to attend the CDWs and this will help your development as a coach. However, you would be advised to take the ECB Coach (UKCC 2) Conversion course before this since it will help your understanding of information delivered in the workshops. Once you have the ECB Coach UKCC 2

qualification, you will be allowed to take the ECB Club Coach assessment having completed the 6 coach development workshops.

I have an old ECB Level II qualification. Do I need to “convert” to the new Club Coach?

There is no need for you to “convert” since your ECB Level II is still recognised. You may want to look carefully at the Coach Development Workshops in order to update your knowledge in some areas if you did your ECB Level II some time ago. You may also wish to examine the role you are playing as a coach and consider if the additional knowledge in the UKCC or Club Coach Award would enhance your coaching. Your Cricket Development manager will help you understand this.

I have recently completed my ECB Coach (UKCC 2) course and after consultation with my county board, I am keen to get on the ECB Head Coach (UKCC 3) course. What are my options?

It is recommended that you spend time working with players and coaching before immediately “stepping up” to the next level. In order to work towards the UKCC 3 course, you will need to attend the 6 Coach Development Workshops AND achieve ECB Club Coach status. Once these have been completed, you are eligible to apply for the UKCC 3 course.

Coach Development Workshops

The primary target audience for the new Coach Development Workshops are coaches who have attended the new UKCC2 course. These workshops are designed to act as “stepping stones” for individuals who wish to work towards attending either the UKCC3 course or the Club Coach Course (available from January 2008).

Coaches can also access these as CPD (Continual Professional Development). A certificate of attendance will be issued for each workshop attended.

These workshops will include content similar to the previous ECB Level II course but new developments have meant that we can include some updated information that we feel is valuable for coaches at this level.

These workshops will be three hours in duration.

Content of Workshops

CDW 1 – Developing Batters

- Revision of key principles
- Pre-delivery movements
- Additional shots
- Drills
- Coaching opportunities

CDW 2 – Using video when working with batters

- Practical use of video
- Reinforcement of technical information
- Highlighting strengths in players
- Addressing problems
- Tactical considerations

CDW 3 – Working with bowlers and using video cameras

- Practical use of cameras
- Revision of key principles
- Observation and analysis practice
- Drills
- Seam and spin variations
- Tactical considerations

CDW 4 – Working in the Nets

- Purposes of nets
- Advantages and disadvantages
- Revision of net management
- Practical coaching opportunity
- Net variations
- Using bowling machines

CDW 5 – Working with Wicket Keepers and Fielders

- Additional keeping techniques
- Practical coaching practice
- Using drills with keepers
- Additional fielding techniques
- What makes a good fielding drill?

CDW 6 – Coaching a Team

- Pre-match preparation
- Role of coach during match
- Post match work
- Using games in training
- Planning club nights

ECB Head Coach (UKCC Level 3)

The role of the ECB Head Coach (UKCC 3) award holder is to be able to :-

“Plan, implement and revise annual coaching programme(s).”

The Level 3 Coach

Qualities of coaches coming into the programme will include a willingness to share their expertise and to be able to provide quality feedback to other coaches. A considerable amount of learning will take place through the sharing of key information by coaches on the course and it is your own expertise and individual qualities that will help fellow coaches develop.

It is also important that individual coaches have an open-minded attitude to their development and a real willingness to learn.

Pre-requisites

The following components are absolutely essential for coaches wishing to apply for the national Level 3 course.

- Attendance at a Good Practice & Child Protection course within the last three years – photocopied certificate as evidence
- Attendance at a First Aid workshop - as above
- ECB Coaches Association member
- CRB/Disclosure Scotland

Course Requirements

Over the duration of the course, you will be expected to complete pre-module reading as well as specific coaching tasks designed to get you actively reflecting upon your current coaching. In between each module there will also be activities that will build upon material delivered in each module.

This work will then be consolidated in future modules. The activities that coaches complete in between modules as part of home study are integral to the course and some of them will form part of the final assessment.

Assessment of coaches at UKCC 3 will include:

1. Practical coaching – this will be done during parts of some modules and a final practical coaching assessment will take place in the coach's own environment once all modules have been completed
2. Evidence of planning, delivering and reviewing player development programmes
3. Self evaluation of coaching
4. Observation and analysis of player performance

During the period of the entire course, you will need to have regular opportunities to coach in a variety of environments. These will need to include access to players for one-to-one coaching sessions, working with groups of players and having access to support and feedback from other coaches.

You will have a chance to reflect upon your planning and delivery and this will be done through the use of a coaching logbook designed to support your learning.

Coaches who do not have all of the above prerequisites will need to get in touch with Cricket Scotland for information on prospective courses

Recommended Experience

The typical profile of coaches looking to embark on the Level 3 programme consists of some of the following:

1. ECB Level II or an ECB Coach (UKCC2) qualified. For those who obtain the UKCC2 they will also need to have attended all six of the Coach Development Workshops in addition to the Club Coach Assessment (available from November 2007 onwards) before applying for the course.
2. A minimum of approximately 100 hours active coaching experience since achievement of the above qualification
3. Active involvement in some of the following coaching environments: senior club cricket; district age-group cricket; county age-group cricket; county Academy programmes; first class cricket; overall control of junior club sections; higher levels of school cricket
4. Coaches who are able to demonstrate coaching competence through other sources of accredited prior learning such as extensive involvement in the professional game
5. Overseas Coaching Qualifications approved by the ECB.

Additional experience and skill in some of these key areas is also extremely beneficial for coaches starting the Level 3 programme. Coaches who do not possess some of these may find it helpful to gain this sort of experience before they begin the course.

1. Using a questioning coaching style rather than simply telling players
2. Having a clear process when observing and analysing player's performance
3. Having detailed technical and tactical knowledge in all disciplines
4. Having the experience of coaching in a number of different environments (different age groups, group work, one-to-one work and coaching a team)
5. Having experience of working in one-to-one situations

If you are in any doubt about your readiness to take part in the Level 3 programme, you should seek advice from Cricket Scotland Coach Education staff.

Action Plan

After having read through the information above AND discussed your application with some or all of the recommended contacts, there will be several options open to you.

Option 1 – ready to apply so process your application to ECB through Cricket Scotland.

Option 2 – unable to commit to national course at this moment but ready to apply in the future

Option 3 – through self-reflection and feedback from others, recognise specific areas that need to be developed and seek to do this before applying. These areas may be developed through the opportunity to work alongside more experienced coaches in your local area, attendance at one or more ECB Coach Development Workshop or observation of specific sections on ECB CA Wings to Fly DVDs.

Option 4 – after thorough analysis of commitment, requirements and demands of course, decide not to apply.

Cricket Scotland Coach Education Contacts

Should you have any queries about the courses offered by Cricket Scotland then please contact admin@cricketscotland.com or call Cricket Scotland Coach Education Administrator Sarah Carr on 0131 313 7420.

Courses available in 2008

The following courses will be available to candidates in the next year. Candidates will be accepted for the Coaching Assistant, Coach Award and Conversion courses on a first come first served basis. Candidates who wish to register for the Club Coach and Head Coach Awards will be considered on application to Cricket Scotland.

Candidates will also be required to either be in possession of a valid certificate or complete a minimum 3 hour Emergency First Aid Course and a Safeguarding and protecting children course (formally known as Good Practice in Child Protection), prior to certification. The additional cost of these courses to candidates varies depending on location.

Please Note: Candidates should complete all modules.

Details of courses available can be found on the sportscotland website www.sportscotland.org.uk by clicking what's on Coach and then development workshops 2008. If you do not have access to the internet then you can access this information by calling our Coach Education Administrator Sarah Carr on 0131 313 7420.

ECB Coaching Assistant (UKCC Level 1)

Cost of Coaching Assistant course: £95.00*

***Cost excludes pre requisite courses if required**

Course 1

Venue: St Thomas Aquinas Secondary School, 112 Mitre Road, Jordanhill, Glasgow G14 9PP.

Course Dates are as follows:

Date	Activity	Times
Sunday 3 rd February	Modules 1 and 2	9.30-4.30
Sunday 10 th February	Modules 3 and 4	9.30-4.30
Sunday 17 th February	Assessment	9.30-4.30

Coaching Assistant (Continued)

Course 2

Venue: Craigclowan School, Edinburgh Road, Perth

Course Dates are as follows:

Date	Activity	Times
Wednesday 6 February	Module 1	6-9pm
Wednesday 13 February	Module 2	6-9pm
Wednesday 20 February	Module 3	6-9pm
Wednesday 27 February	Module 4	6-9pm
Wed 5&12 March	Assessment	6-9pm

Course 3

Venue: Lossiemouth Community Centre, Moray-shire

Course Dates are as follows:

Date	Activity	Times
Sunday 2 nd March	Modules 1 and 2	9.30-4.30
Sunday 9 th March	Modules 3 and 4	9.30-4.30
Sunday 16 th March	Assessment	9.30-4.30

Course 4

Venue: National Cricket Academy, Ravelston, Edinburgh, EH4 3NT

Course Dates are as follows:

Date	Activity	Times
Wednesday 1 October	Module 1	6-9pm
Wednesday 8 October	Module 2	6-9pm
Wednesday 15 October	Module 3	6-9pm
Wednesday 22 October	Module 4	6-9pm
Wednesday 29 October	Assessment	6-9pm

ECB Coach Award (UKCC Level 2)

Cost of Coaching Award course: £195.00*

***Cost excludes pre requisite courses if required**

Course 1

Venue: Earlston High School, High Street, Earlston, Berwickshire TD4 6HF

Course Dates are as follows:

Date	Activity	Times
Sunday 17 th February	Module 1 and 2	10-4.30
Sunday 24 th February	Module 3 and 4	10-4.30
Sunday 2 nd March	Module 5 and 6	10-4.30
Sunday 9 th March	Module 7 and 8	10-4.30
To be confirmed	Assessment	

Course 2

Venue: Bell's Sports Centre, Perth

Course Dates are as follows:

Date	Activity	Times
Sunday 21 st September	Module 1 and 2	10-4.30
Sunday 28 th September	Module 3 and 4	10-4.30
Sunday 5 th October	Module 5 and 6	10-4.30
Sunday 12 th October	Module 7 and 8	10-4.30
To be Confirmed	Assessment	

Course 3

Conversion Course (ECB Level 1 to UKCC 2) for ECB 1 Award Holders only

Venue: National Cricket Academy, Ravelston, Edinburgh EH4 3NT

Course Dates are as follows:

Date	Activity	Times
Sunday 23 rd November	Module 1 and 2	10-4.30
Sunday 30 th November	Module 3 and 4	10-4.30
To be confirmed	Assessment	

Coach Development Workshops – Club Coach Award

Cost: £15 per workshop

Venue: TBC – Sportcentral Area, Stirling or Alloa

Course Dates are as follows:

Date	Activity	Times
Sunday 30 th March	Workshops 1 and 2	10-4.30
Sunday 6 th April	Workshops 3 and 4	10-4.30
Sunday 13 th April	Workshops 5 and 6	10-4.30
Sunday 20 th April	Club Coach Assessment	10-4.30

ECB Head Coach (UKCC Level 3)

All ECB Head Coach Courses are currently held in England and candidates whose application is endorsed by Cricket Scotland or relevant County Board are given priority by ECB when selecting candidates.

Suitably qualified Candidates who have assessed all the course information, discussed their application with appropriate contact within Cricket Scotland and/or been through the self bench marking process, may then wish to be considered for nomination by Cricket Scotland. Due to limited availability of places on Head Coach Courses (ECB currently run 4 per year) priority will be given to currently active coaches within the Cricket Scotland's performance development programmes.

Course Duration: 3 Three day modules per month (incorporating weekend) over a three month period, followed by an "in-field" independent assessment

Two courses are planned to commence in October 2008 and applications will be accepted by Cricket Scotland commencing 1st May.

Contacts

Any queries regarding the information in this programme should be directed to Cricket Scotland Coach Education Department: on 0131 313 7420 or by e-mail:

Sarah Carr – Coach Education Administrator: admin@cricketscotland.com

Adam Park-Elliott – Coach Education Co-ordinator:
adamparkelliott@cricketscotland.com

Andy Tennant – Head of Cricket: andytennant@cricketscotland.com

Cricket Scotland- Candidate Registration Document.

UKCC Course Detail							
Course Date(s):				Course venue			
Course Co-ordinator:							
Title (Mr, Mrs, Ms etc)							
Candidate Name (to appear on certificate)							
Maiden Name (if applicable)							
Date of birth							
Nationality							
Sex (✓)	Male			Female			
Candidate Home Address							
Post Code							
Telephone Number(s)	Home:						
	Work:						
	Mobile:						
Previous Address							
Post Code							
Do you have a SQA Scottish Candidate Number – SCN? (✓)	Yes (please fill out below if SCN is known)				No		
Scottish Candidate Number (SCN = 9 digit)							
<p>SCN numbers have been allocated by the SQA since 1979, if you feel that you have previously been allocated a SCN by the SQA, your number details can be generated for you by calling the SQA helpdesk on 0141 242 2214. Please inform the programme co-ordinator as soon as possible once your SCN becomes known to you.</p>							
<p>Name of your most recent training provider of SQA qualifications (eg Secondary School, College, University, S/NGB, Employer, None)</p>							

For Office Use Only

Date Received	Date Candidate filed	Date units filed	Date Green
Notes	Notes	Notes	Notes

